

President's Report



VISION

AdventHealth University is a leader in healthcare education, transforming the science and practice of whole-person care and developing influential professionals of uncommon compassion.



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From the President

Education is a high calling. It demands from us our hearts, minds, and spirits. Every day brings a new opportunity to see students conquer the unknown, expand their knowledge, and build skills that will someday enrich—perhaps even save-human lives.

I observe this calling in action at AHU daily. I witness it directly and indirectly on our Orlando and Denver campuses, via our online learning platform, in our clinical locations, and in our Hope Clinic. In every setting, I see expressions of nurturing love and deep spirituality. In this culture of love and learning, I watch educators inspiring new levels of achievement, students realizing their potential, and lives changing for the better.

As we look back on 2018, it is with a bit of nostalgia, for none of us knew going in that it would be our capstone year as Adventist University of Health Sciences. The year brought several notable successes in academic, financial, and community achievement:

- 95% average pass rate on certification exams
- 94% of BS graduates employed within one year*
- \$63,604 average first-year salary of AHU BS graduates*
- gifts totaling \$634,000 from nearly 800 donors
- partnership with more than 100 community organizations

We celebrate these successes, all signs of strategic gains and healthy growth. With a foundation of faith and a call to extend the healing values of Christ, a quality and love-filled student experience is at the center of the AHU value proposition. At AHU, whether on campus or online, students learn in a culture of loving kindness, academic excellence, affirming spirituality, and responsible stewardship.

The education students receive today will shape the values they carry into their professions and careers tomorrow... as they live the healing values of Christ.

Edwin I. Hernández, PhD President

*Florida Department of Education, 2017

AHU expands excellence by advancing innovative teaching, experiential learning, and serious scholarship.



NEW PROVOST

Sandra Dunbar-Smalley Advancing Academic Excellence

Named Provost starting in July 2018, Dr. Sandra Dunbar-Smalley came to AHU from the Pallavi Patel College of Health Care Science at Nova Southeastern University, where she served as Assistant Dean of Professional Development and Education.

"Deeply rooted in the Adventist faith,
Dr. Dunbar-Smalley brings deep passion and
commitment to the mission of Christian higher
education," said Dr. Edwin Hernández. "She is a
recognized leader in her profession of occupational
therapy. Her scholarly and educational track record,
her leadership in a clinical professional program,
and her academic vision are already contributing
significantly to the success of AdventHealth
University."

Enthusiastic about the prospects for collaboration, growth, and spiritual leadership in higher education, Dr. Dunbar-Smalley is passionate about helping healthcare and other professionals achieve their highest potential as educators.

"With a variety of professional programs within the university, I see many ways AHU can capitalize on the interprofessional education and practice movement," she said. "As we grow in areas of scholarship, AHU will gain recognition not only for stellar education, but for research contributions as well."

Dr. Dunbar-Smalley counts the development of the Center for Academic and Professional Excellence at Nova Southeastern University as one of her major career accomplishments. The Center offers a compilation of courses and other support systems to help faculty and staff advance their skills and credentials. In addition, she has authored three textbooks, and has several journal publications.

SANDRA DUNBAR-SMALLEY'S CAREER HIGHLIGHTS

Loma Linda University Bachelor of Science Occupational Therapy

New York University Master of Arts Occupational Therapy

Nova Southeastern University Doctor of Public Administration

Pallavi Patel College of Health Care Science Assistant Dean, Professional Development and Education

Founder, Center for Academic and Professional Excellence

An Occupational Perspective of Leadership: Theoretical and Practical Dimensions, first and second editions, author

Occupational Therapy Models for Intervention with Children and Families, author



Sim Center expands experiential learning

The **AHU Simulation Center** (located in the Graduate Building shown at right) is an advanced medical training facility designed to improve

patient safety. It features five learning modalities: human patient simulation, interprofessional experiences, virtual reality, task trainers, and computerized models. In 2018, students experienced 3,527 hours of simulation education, with 32% in nursing, 22% in Physician Assistant, 22% in other programs and 14% in AdventHealth residencies. A grant from the Hoffa Foundation provided adult and pediatric emergency code carts.



Leading at AdventHealth

As a little girl, Jessica Camp told her mother she would be a missionary, lawyer or doctor when she grew up. As a university student, she met a nurse practitioner who introduced her to AdventHealth University and the opportunity to combine medical and mission work. As an AHU alumna, she started her career in nursing in 2004, never expecting to become an expert in IT as well as patient care.

"You have no idea the opportunities you're walking into with a nursing degree," she said. "There is so much you can do. I advise everyone to take every opportunity that comes up and learn from it. You never know where a path will lead you. It may not be where you thought you'd go, but it's 100% what God intends."

The early years of electronic medical records (EMRs) coincided with the beginning of her career, and a mix of clinical and IT assignments put her on a leadership path. Having recently moved from her role as Director of Clinical Operations at AdventHealth Clinical to become Senior Executive Director of Strategic Resources in AdventHealth Information Technology, Camp is charged with optimizing, aligning, and improving the clinical and information systems critical to the patient experience and the clinicians that support them.

She was an Emergency Room RN at AdventHealth Winter Park when EMRs were first being implemented. First recruited to help, she quickly excelled and took the lead. When she was asked to help roll out clinical EMRs for all seven campuses,

"...if you have healthcare as a degree, but did not land a residency program, or if working at the bedside is not for you, there are still so many options."

it was a big opportunity. "I was not choosing to leave the bedside," she said. But a family move soon presented two new job opportunities: director of ICU and manager of informatics/training. "I was offered both, and God took me down the IT track." she said.

In today's healthcare environment, areas such as performance improvement, project management, operations, performance engineering, data analytics, quality and safety, case management... all could be career options for graduates with a health sciences degree.

"I have come to learn how important and valuable these roles are," she said. "So if you have healthcare as a degree, but did not land a residency program, or if working at the bedside is not for you, there are still so many options."

Camp completed her BS Liberal Studies and BSN at UCF and MSN at Western Governor's College, but she says her years at AHU were the most formative and influential.

"The biggest value at AHU was promoting us to get into a residency. Those who go through a residency program as a nurse have higher success rates," she said. "The additional 12-16 weeks of didactic and preceptor learning to be a nurse in your specialty area like ED or surgery allows you to get comfortable in a unit and feel like you have a professional home."

She also noted that she still remembers many of her AHU professors by name 15 years later. This was her foundation to everything she is as a clinician.

"My professors were always very supportive, she said. "I still remember Mrs. Flores, Carolyn Fore, Polly Watkins, Lynne Tier, Loretta Bacchiocchi... so many powerful influences." She now aims to obtain her DNP, follow in the footsteps of her mentors, and continue to practice servant leadership while extending the healing ministry of Christ.



ALUMNI IN 2018

443 new graduates

88% high satisfaction*

91% prepared for employment*

\$63,604 average first-year salary of AHU BS graduates**

* AHU survey

** 2017 Florida Department of Education data

EXCELLENT FACULTY SCHOLARSHIP RESEARCH GRANTS

Six research grants totaling \$20,430 were awarded to AHU faculty for 2018. Funded by private donors, these seed grants allowed faculty members to advance their academic research in areas critical to their teaching.

Achieving Fearless Trust
Crofton-Bennie-Araujo

Assessment of Fall Risk in Patient Status Post Stroke Clark-Podshun

Can A Prescribed Walking Program With or Without Monitoring Impact Dizziness in Older Adults? Jasper-Araujo-Lukman-Bacani-Hicks-Santiago

The Effect of Essential Oils on Intestinal Bacteria and Foodborne Pathogens Santos-Santos-Adams-Johnson-Butler

Research Dissemination at the 48th World Congress on Advanced Nursing Research Leesuk Ferencsik

Sleeping Pattern and GPA Relationship Araujo-Santos-Santos-Lukman-Williams



Creating Community through Art

When the AHU Writing Center moved to the R.A. Williams Library in 2017, the walls in the new space were bare. Max Smith, a tutor, presented a creative solution: displaying art created by students and others in the AHU community.

In a university focused on health sciences, art is not emphasized. But Stefanie Johnson, director of the Writing Center and English professor, said creating an art gallery in the Center has been a big success. "Healthcare delivered in a faith-based environment is conscious of the whole person," she said. "Art helps us see the world from another person's point of view. So, using the Writing Center as a place where people can showcase their artistic perspectives is a way to highlight interest in whole-person care and build those sensibilities in future caregivers."

Jeremy Parra, coordinator of the Writing Center, said many student artists also find validation in the gallery.

"Many students are very stressed in school," he said. "If you've had a rough week or test, it's really nice to be validated for something else that you produce. Many said

it was just nice to have a positive moment, a positive connection with people."

That positive connection has academic value as well. A research study of the gallery project showed students were more likely to come back to the writing center after attending an art gallery event. At the October 2018 International Writing Centers Association annual conference in Atlanta, the Writing Center team presented their findings on the subject.

The Writing Center tutors keep the gallery fresh by changing themes and art every six weeks during the fall and spring. A summer showcase features one painting or sculpture from each show.

"The world seems increasingly focused on division," Parra said. "So, at AHU, it is important to create spaces where students, faculty, and staff from different programs and perspectives have the chance to interact with each other and build community."



EXCELLENT FACULTY PUBLICATIONS

AHU faculty in 2018 published two peer-reviewed articles, two doctoral dissertations, and six poster presentations at national and regional academic conferences.

Bennie, S. & Bergherm, M. (2018). Effect of sequential simulation on physical therapy student confidence and satisfaction. Poster session presented at the meeting of the APTA's NEXT Conference & Exposition, Orlando, FL.

Bennie, S. & Hughes, T. (2018). Longitudinal effectiveness of a four-hour interprofessional education session. Poster session presented at the meeting of the Nexus Summit 2018: Creating Results: Interprofessional Vision to Action, Minneapolis, MN.

Bennie, S. & Mauldin, M. (2018). Impact of exposure to interprofessional collaborative practice during integrated clinical experiences on student physical therapists' competencies and perceptions of interprofessional collaborative practice. Poster session presented at the meeting of the Nexus Summit 2018: Creating Results: Interprofessional Vision to Action, Minneapolis, MN.

Brantley, L. S. (2018). *Tower building: Learning psychological concepts through a creative group activity.* In R. L. Miller & A. Martinez (Eds.). Teaching tips: A compendium of conference presentations on teaching, 2016-17. Retrieved from http://teachpsych.org/ebooks/

Clark, E., Bennie, S., & Tier, L. (2018, November). *Using technology to promote active learning through simulation in Doctor of Physical Therapy students.* Poster session presented at the meeting of the Transforming Teaching Through Active Learning, Orlando, FL.

Clayton-LeVasseur, P. (2018). Non-traditional nursing students enrolled in a baccalaureate nursing program: A phenomenological study (doctoral dissertation). Barry University, Miami, FL.

Crofton, A. & Bennie, S. (2018). *Gross Anatomy* as an interprofessional education tool. Poster session presented at the meeting of the American Association of Clinical Anatomists 2018 Regional Meeting, Washington, D.C.

Fan, C. W., Keponen, R., Piikki, S., Tsang, H., Popova, J. & Taylor, R. R. (2018). Psychometric evaluation of the Finnish translation of the Assessment of Communication and Interaction Skills (ACIS-FI). Scandinavian Journal of Occupational Therapy, 1651-2014 https://doi.org/10.1080/11038128.2018.1483425



Johnson, S., Parra, J., Sherer, J., & Smith, M. (2018, October). The art connection: Using art at a health sciences school to provide an outlet for a hidden art community and to connect students, staff, and faculty through the writing center. Poster session presented at the meeting of the International Writing Centers Association, Atlanta, GA.

Moran, S. L. (2018). The impact of multiple pedagogies in prelicensure baccalaureate nursing programs: A case study (doctoral dissertation). Barry University, Miami, FL.



Through that work, she learned of the Camden Initiative, a program that gives healthcare students real-world experience working alongside doctors to aid indigent people. While still a student, she worked with AHU professors to implement the Camden Initiative in collaboration with AdventHealth.

Genuinely committed to seeing true social change in healthcare access of the most vulnerable individuals in her community, Vanessa was a strong student and steadfast servant leader. She feels compelled to use her education and skills to heal and help others.

In 2018 Vanessa was awarded a 2018 Newman Civic Fellowship, a one-year fellowship from Campus Compact for community-committed college students. Recognizing her organizational abilities, positive outlook, encouragement of her peers, and compassion to serve, the fellowship honors the late Frank Newman, a tireless advocate for civic engagement in higher education.

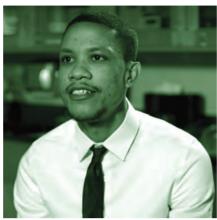
Ratzlaff is the fourth consecutive Newman Civic Fellow at AHU and has carried her uncommon compassion into the workplace. "I remember looking forward becoming a healthcare provider," she said. "Now I can use my knowledge to help the most vulnerable populations in our community."





PhD Scholar

- · 2018 BS Biological Sciences
- AHU student microbiology lab coordinator for two years
- Accepted to Ph.D. program at North Carolina State University, Department of Biochemistry, full-ride scholarship with stipend.



Sean Chin Chan, '18

PhD scholar

- 2018 BS Biological Sciences
- AHU Chemistry Lab support and research with Dr. Farrell
- Accepted into the Ph.D. program at University of South Florida, full-ride scholarship with stipend.



Alex Soares, '16, '18

Healthcare Administration

- 2018 AHU MHA
- 2016 AHU BS Health Sciences
- Program Manager Network Development
- · AdventHealth Central Florida Division
- Supporting strategic growth initiatives for Integrated Health Services

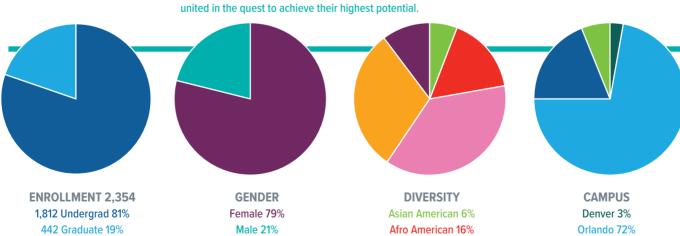
STUDENTS IN 2018

AHU students come from all walks and all phases of life. They are sons and daughters, sisters and brothers, fathers and mothers. Some come to AHU from high school, the first in their family to attend university. Others come from a decade or more of work, seeking a new career that will bring purpose and prosperity to their lives. Still others come as professionals, adding to their academic credentials while continuing to work. All are united in the guest to achieve their highest potential.

Anglo American 37%

Latino American 30%

Other/unknown 10%



Online 19%

High School

Advanced Placement 6%



Nurturing student growth

hen Jean Riley was a little girl in Logansport, Indiana, times were not easy. Born in 1923, her childhood was like many that were marked by the Great Depression. She remembers how it felt to lose her home, to face uncertainty, to watch her parents struggle, and to wonder about her next meal.

Some experiences are impossible to forget.

As the U.S. was entering World War II, 18-year-old Jean finished high school and moved to Chicago. She quickly found a job and started working to support her country, putting her own dreams for the future aside. After the war ended, she was searching for her next steps. With the encouragement and recommendation of her pastor, she applied to Emmanuel Missionary College (now Andrews University). And she prayed. Soon a series of small miracles followed. She was accepted as a special student. The church rallied around her. The pastor volunteered to drive Jean from the small church in Barrington, Illinois, to the rural college campus in Berrien Springs, Michigan.

As luck would have it, another new Andrews student (from the pastor's other Chicago church) needed a ride as well.

So on that sunny late-summer day in 1945, riding shotgun with Jean and her pastor was an earnest and ambitious young man just back from military service in World War II. While Jean had been doing her part for

the war effort in Chicago, Joe had been serving as a Navy medic attached to the 5th Marine Division in the Pacific theater. He had become intrigued with medicine when he was hospitalized as a small child, developed emergency skills and trauma experience during the war, and was now intent on becoming a doctor.

Jean and Joe registered together at Andrews. They went to classes together daily, encouraging each other to study and get good grades. They married at the end of their freshman year. Joe soon graduated with his pre-med degree, and they headed to medical school at Loma Linda University in California. During the Loma Linda years, Jean gave birth to Joseph III in 1950 and James in 1952.

After graduation from medical school in 1954, Joe and Jean moved their family to Charlotte, Michigan, where Joe spent the next 14 years in family practice. He practiced internal medicine, surgery, and obstetrics. He made house calls. Jean worked around the clock as well, adding daughter Jan to the family while juggling home, church, school, and serving on the medical auxiliary. Jan remembers her mom cooking and gardening, playing the piano for Sabbath school, entertaining friends in a busy home brimming with love and laughter... and going out every Thursday evening on a date with Joe.

The Rileys moved to Gainesville, Florida in 1968, where Joe specialized in anesthesiology for open heart surgery at University of Florida Shands Hospital. Three years later, Joe accepted an invitation to start a similar program at Florida Hospital, and the family moved to Orlando. Joe and Jean were founding and active members of Markham Woods Seventh-Day Adventist Church. By the time Joe retired in 1989, his JLR initials were synonymous with anesthesiology in Central Florida. Joe and Jean enjoyed an active retirement until 2007, when Jean received shocking news.

Jean learned that many AdventHealth University students share her early experiences of being the first in their family to attend college and struggling to make ends meet. She wanted to make sure they didn't experience hunger as well.

The small red spot on her right forearm—a side effect of Prednisone she'd taken, she thought—was diagnosed as fourth stage malignant melanoma. After the tumor was removed in an office surgery, it quickly returned, and with a vengeance. In her search for a cure, Jean found a copy of *The China Study*, a bestselling book that examines the link between consuming meat and dairy and contracting chronic illnesses including cancer. A lifelong Seventh-day Adventist, Jean was quickly convinced by what she read to become a vegan, 100% and immediately. (Veganism, while not practiced by all Adventists, is consistent with early Adventist teachings.) She believes her full recovery from fourth-stage cancer, at the age of 84, was due to three things: her radical diet change, a second and more extensive surgery that removed much of a

tendon as well as the tumor, and her prayerful faith in God.

"Trust in the Lord with all your heart and lean not into your own understanding... in all thy ways acknowledge Him and He will direct your path," she says, citing favorite verses from Proverbs.

Sadly, just a couple of years later, Joe the healer lost his own battle with illness. After losing her partner of 62 years,

Jean wanted to establish a legacy in his memory. To recognize Joe's lasting contributions to his profession, practice, and Orlando community, she created the Joseph L. Riley MD Scholarship in his memory. The scholarship assists caring, service-oriented, and altruistic Nurse

Anesthesia students at AdventHealth University.

In the process of establishing the scholarship, Jean learned that many AdventHealth University students share her early experiences of being the first in their family to attend college and struggling to make ends meet. She wanted to make sure they didn't experience hunger as well. So she started buying a carload of healthy vegan food from Costco every month or so, and delivering it to the AHU student food pantry. Word spreads quickly on the days Miss Jean makes a delivery, and grateful students are free to help themselves to her gifts of nutritious snacks and soups.

"I don't buy anything for them that I wouldn't buy for myself," she says. "I want them to know that someone cares, and that God provides. Sharing His love brings me great joy."





Jean Riley
celebrates the
success of Riley
scholarship
students over
the years. At
left, she delivers
groceries to the
AHU student food
pantry in 2018.







AHU VALUE

AHU promotes stewardship by optimizing human potential, positive relationships, and valuable resources.

Achieving Independence for Life

Many AHU students are single parents, the first in their family to attend college, or individuals working to overcome the odds of a difficult start in life.

In 2013, the first Occupational Therapy class at AHU created a scholarship—by students, for students—to help fellow students who are in need. Called the Independence for Life Scholarship, it is designed to help OT students overcome financial barriers, complete their degrees, and achieve financial independence through a career that helps others achieve physical independence.

When the scholarship fund was first established, many brand-new OT graduates gave and pledged gifts. An anonymous AHU donor, touched by the generosity of these young and caring professionals, decided to match their contributions.

This is the only scholarship of its kind at AHU. For some, an Independence for Life scholarship makes the difference between being able to stay in school and needing to drop out.

In 2018, it was one of many scholarship funds helping students achieve their education and career goals, and equipping them to extend the healing ministry of Christ.

PHILANTHROPY IN 2018

105 students received donorfunded scholarships to help them achieve their educational goals

> \$291,920 in donor-funded scholarships awarded

51 endowed and annual scholarships

\$634,000 total gifts

792 donors



Established in 2013, **Hope Clinic** transforms lives of patients and students.

Patients who are trying to recover from devastating strokes, accidents, and injuries find hope and healing in spite of insurance constraints and financial limitations. AHU students who are working to master the principles of hands-on therapy and whole-person care learn in

an authentically client-centered environment. In 2018, the 18 therapists, 2 nurses, and 13 volunteers of Hope Clinic covered over 1,200 patient visits, helping children, young adults, adults, and seniors resolve pain, regain mobility, and restore their lives. The Hope Clinic is funded by AHU, state and community grants and generous individual donors.





spirituality
by offering
opportunities
for all to grow
in relationship
with God.

Uncommon Compassion in Action

An important part of the AHU culture is contributing time, talent, and treasure to improve the lives of others. In 2018, students, faculty, and staff teamed up to contribute in many ways. Some highlights of volunteerism are:

Actions 4 Others AHU faculty and students served in the 3rd Annual Martin Luther King Jr National Day of Service at Florida Hospital for Children. This event has grown consistently and in 2018 was the largest event with student participation.

Band-Aids® and Smiles AHU donated over 550 boxes of Band-Aids for children undergoing sticks, pokes, and blood draws at AdventHealth facilities. Featuring cheerful and familiar superheroes, princesses, and cartoon friends, the Band-Aids are sure to bring smiles to the faces of children facing health concerns in the community.

Breast Cancer Research Team AHU contributed \$2000 through the Think Pink Radiography Week.

Feed Someone Else Before You Feed

Yourself AHU students participated in this 4th Annual service event with enthusiasm and generosity, raising hundreds for Second Harvest Food Bank of Central Florida.

AdventHealth Orlando (AHO/formerly Florida Hospital Orlando) A collaborative project with AHO Volunteer Services has improved and increased volunteer experiences at the hospital for AHU students.

Food Pantry When a student's cash and food supplies dwindle at the same time, the AHU Food Pantry provides a valuable safety net. Along with legendary supporter Jean Riley (see story, pages 10–11), AHU faculty and staff helped stock the food pantry in 2018.

Housing Ministry To help AdventHealth families in need, AHU collected enough food to provide 30 families with a Thanksgiving meal.

Mission Week Service Day AHU employees volunteered a total of 1,500 hours on one day, serving 12 organizations at 16 sites on nearly 40 service projects. Mission accomplished!



New Hope for Kids The AHU Student Nursing Association (SNA) completed a toy drive for children in need.

Orlando Union Rescue Mission As longtime partners in service-learning, Orlando Union Rescue Mission provided students with opportunities to tutor children consistently throughout the year. AHU staff supported the annual OURM radio-a-thon on a local station for the second year.

Random Acts of Kindness AHU faculty and staff supported the annual Challenge Week with Finance and NESS Café departmental teams, winning for the second year in a row.

Red Nose for Hunger Week For this 2nd Annual event, AHU partnered with Florida Hospital for Children (now AdventHealth Children's) and collected hundreds of boxes of cereal as part of the Healthy Over Hungry campaign.

Student Occupational Therapy

Association (SOTA) members made several 2018 appearances with Orlando community partners' volunteer events and fund raisers.

Summer Science Camp More than 80% of the non-personnel costs for the 3rd annual camp was sponsored by companies and individual donors. AHU underwrote the cost of the faculty and staff who participated. For the third year in a row, campers gave the camp a satisfaction rating of over 90%.

United Way AHU surpassed its goal and was fourth in participation among AdventHealth departments that accomplished their goals.

Volunteerism In total, AHU students, faculty, and staff volunteered almost 7,500 hours in 2018.

The Grace Fund, created to support students in need, is funded by AdventHealth and AHU faculty, staff, and friends. Many AHU employees make regular contributions through payroll deduction. In 2018, more than \$44,000 was awarded from the Grace Fund. Under the leadership of chaplains Reynold Acosta and Niesha Steinke, the Grace Fund awarded grants to help students during crisis situations manage to stay in school.



knowledge, and the ear of the wise seeks knowledge. PROVERBS 18:15

welfare and not for evil, to give you a future and a hope. JEREMIAH 29:11

of wisdom, and the knowledge of the Holy One is insight. PROVERBS 9:9-10



In the life of a university, nothing is more important than student success. At AHU, this means academic, research, clinical, and spiritual success. If we have done our jobs, our students leave us as professionals equipped to set new standards of love and compassion. Never in history have we needed this more. —EDWIN HERNÁNDEZ



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